Ulnar Shortening Osteotomy

**POD 10-14:**

**Splint:** Remove postop dressing and sutures. Patient is placed into short arm splint.

**Motion:** Initiate PROM and AROM of wrist and forearm but no strengthening or loading.

**6-8 Weeks:**

**Splint:** Discontinue splint when there is osteotomy union.

**Motion:** Continue motion as above and can begin strengthening.

Please call with questions or concerns at the phone number above.