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Bony Mallet Fracture Closed Reduction Percutaneous Pinning

4-5 days: The postoperative dressing is removed, xeroform is applied to the pins and daily pin care is discussed for the exposed dorsal pins.

Splint: A volar gutter splint to the PIP joint is fabricated for full time use for the first 8 weeks.

4 weeks: The dorsal pins are removed in the clinic using a digital block

6 weeks: The volar pin is removed in the clinic using a digital block and motion is started in a few days.

6-8 weeks: Patient may discontinue full time splint use and transition to only night time use for another 6 weeks. Patient should begin active flexion exercises but still may do only passive extension.

8 weeks - 12 weeks: Start to work on active extension with an expected progression of return to full activities at 12 weeks and a discontinuation of all splinting by 12 weeks.

Please call with questions or concerns at the phone number above.