



**ORLANDO HAND SURGERY ASSOCIATES
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Dupuytren's Percutaneous Release/Xiaflex

0-7 days:

Patient is in an extension splint and elevation is emphasized. Wound care is bacitracin, Neosporin or Vaseline 2x/day with light sheen and soft dressing. Patient may wash hands with soap and water and shower freely.

Splint: A forearm-based static volar extension splint with the MCP's and IP's in extension is fabricated for full time use for 1 week.

Motion: Active and passive range of motion exercises are initiated two to four times daily for uninvolved fingers.

1 week – 4 months:

Splint: A forearm-based static volar extension splint with the MCP's and IP's in extension is used for night time use only for 4 months.

Motion: AROM and PROM as tolerated with no activity restriction unless there is open wound

Please call with questions or concerns at the phone number above.