



**ORLANDO HAND SURGERY ASSOCIATES
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Radial Head Arthroplasty (If LCL repair, follow LCL protocol)
(Typical therapy is 3-6 months)

POD 8-10:

Splint: Remove postoperative dressing and make a long arm posterior mold splint (to be used 4-6 weeks).

Motion: Unrestricted passive and active elbow and forearm motion in flexion, extension, pronation and supination. Splint should be removed hourly for exercises.

4-6 weeks:

Splint: Discontinue splint

Motion: Continue AROM and PROM as above.

8-10 weeks:

Splint: None

Motion: May begin strengthening and if motion not progressing, consider static progressive splinting.

Please call with questions or concerns at the phone number above.