



ORLANDO HAND SURGERY ASSOCIATES
801 N. ORANGE AVE SUITE 600
ORLANDO, FL 32801
PHONE (407)-841-2100
FAX (407)-841-5705

Radial Shortening Osteotomy

10-14 days: The postoperative dressing is removed and sutures are removed.

Splint: A short arm splint or cast is worn for the first 4-6 weeks.

Motion: Full elbow, forearm and finger ROM. No wrist ROM for first 4 weeks.

3-4 weeks:

Splint: A short arm splint is fabricated for full time use until radiographic healing of osteotomy is confirmed on xray.

Motion: May work on AROM in all planes

6-8 weeks:

Splint: Discontinue splint when there is radiographic union of osteotomy

Motion: Continue as above, but may begin loading and strengthening

Please call with questions or concerns at the phone number above.