



**ORLANDO HAND SURGERY ASSOCIATES  
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## **Ulnar Nerve Transposition**

### **POD 10-14:**

Splint: Remove postop dressing and no further immobilization needed. Sutures removed.

Motion: Active and passive range of motion exercises can be given as part of HEP; if patient is stiff, can start formal OT. Scar massage and desensitization encouraged. Silicone strips to incision at night as necessary.

### **6 Weeks:**

May begin strengthening

Please call with questions or concerns at the phone number above.