



**ORLANDO HAND SURGERY ASSOCIATES
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Ulnar Shortening Osteotomy

POD 10-14:

Splint: Remove postop dressing and sutures. Patient is placed into short arm splint.

Motion: Initiate PROM and AROM of wrist and forearm but no strengthening or loading.

6-8 Weeks:

Splint: Discontinue splint when there is osteotomy union.

Motion: Continue motion as above and can begin strengthening.

Please call with questions or concerns at the phone number above.